Sri Sathya Sai College for Women, Bhopal, is an aided autonomous, multi-faculty institute having an 'A' Grade by NAAC in its second cycle. The institute was founded by Bhagwan Sri Sathya Sai Baba. The institution endeavours to emancipate women through value-based education based on Bhagavan Baba's five fundamental human values, Peace, Love, Righteousness & Non-violence. The institution believes in creating an environment for the holistic development of the students.

#### **Mission of the College:**

"In this College the medium is Discipline; the first, second, and third languages are Love, Service, and Sadhana".

#### **VISION**

"We envision the emancipation and empowerment of women through value-based education and enabling them to participate actively in the work of nation building and social reconstruction".

The mission and vision of our college reflect a profound commitment to holistic education, emphasizing discipline, love, service, and sadhana. These guiding principles are not only inspiring but also lay the foundation for a transformative educational experience.

**Discipline** implies a commitment to self-control, responsibility, and ethical conduct, preparing students for the challenges of the real world.

**Love**: Emphasizes the importance of compassion, empathy, and understanding in all interactions within the college community.

**Service:** Encourages students to develop a sense of social responsibility and actively contribute to the well-being of others.

**Sadhana**: Implies a disciplined and dedicated practice, fostering spiritual growth, self-discovery, and mindfulness.

The vision places a strong focus on women's emancipation, suggesting a commitment to breaking barriers, fostering independence, and empowering women to pursue their aspirations with value-based education, aiming for the holistic development of individuals. This includes intellectual, emotional, social, and spiritual dimensions.

The main objective of the college is "Development of well-integrated personality by making students aware of their intellectual and spiritual capabilities. The purpose of imparting value education in college is to nurture well-rounded individuals who not only excel academically but also possess the moral and ethical grounding needed to navigate complex life situations and contribute positively to society. Value education plays a vital role in building strong character traits such as integrity, honesty, empathy, and respect for others.

To attain our objectives, we incorporate certain practices in our regular curriculum:

- The day begins with Sarva Dharma Prayer, Maun and Omkaram, and Recitation of Ved Paath /National Song. Every Thursday the first period is devoted to spiritual and inspirational lectures and discussions.
- Celebrations like poornima pooja, Laksharchan on makar sankranti, Guru poornima etc.
- **Curriculum:** To enrich the students with value-based education, one unit on Human Values is added to the Foundation course I (Environmental Education & Human Values) which is compulsory for all students.
- Well-qualified and dedicated faculty not only enriches their academic pursuits but also embarks them towards the path to becoming better human beings.
- **Philanthropic society**: To develop feelings of sharing, gratitude, and mindfulness we have a philanthropic society including teachers and students which regularly do (seva)extension activities like Narayan seva, donation, distribution of goods such as blankets, sanitary napkins, health & hygiene kit, etc. in college, adopted village and nearby slum areas.
- The institution has an adopted village. We have a committee including teachers and students who visit the village regularly. Various programs on cross-cutting issues such as Human values, environment conservation, health & hygiene, gender sensitization, social issues, etc. were conducted.
- **Skill development**: The college organizes various workshops, and hands-on training to create awareness among students on various skills and to identify their inherent interests and capability.
- Self Defense & Fitness: To make our students Physically fit and mentally strong, we in the institution have a facility of gym, Sports, Yoga, and meditation. Students actively participate in sports competitions and represent the college in university and state-level competitions.
- NCC & NSS: Students enrol themselves enthusiastically in NCC or NSS. Participation of our students in the **Republic Day parade**, and National Integration camp is a regular feature.
- Entrepreneurship Cell: It organizes various invited lectures and workshops to train students in entrepreneurship skills. Cell also organized a fair to develop marketing skills.
- Students can discuss and take guidance with the Legal Aid Cell & Students counselling cell.

Integrating spirituality into college education has a positive impact on the overall personality development of students. Students develop a strong sense of integrity, empathy, and responsibility.

**Indian Culture & spirituality:** Human values play a significant role in the lives of women, just as they do for everyone. These values shape their beliefs, decisions, and actions in the various aspects of life. Practices like meditation and mindfulness, have been shown to reduce stress and improve overall well-being. Spiritual practices often emphasize resilience and the ability to cope with life challenges. Hence institution organizes expert lectures, seminars, webinars & residential camps focused on "**Indian Culture & spirituality**", incorporating the teachings of Sri Sathya Sai Baba & different religions. Students also participate in role-play & group activities. This encourages understanding and respect for different religious beliefs.

Every year students and staff visit puttaparthi to realize the innate divinity and practice devine love through selfless service.

Apart from imparting holistic education to the students, the college has since its inception endeavoured to stand beside all those who face some constraint, be it within the college family or the society at large, with the motto of Sarve Bhavantu Sukhina.

The alignment of the mission and vision of Sri Sathya Sai College for Women, Bhopal provides a strong foundation for the college to fulfil its mission and work towards its vision, creating an educational environment that prepares individuals not only academically but also ethically and socially for active participation in society.

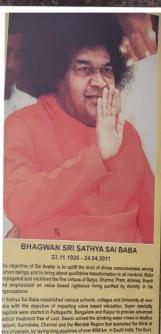
"Educated women are the promoters of dharma for the whole world. They must be made into ideal women; their education must be so shaped. No nation can be built except on the culture of its women. Past, present, or future, for all time, women are the backbone of progress, the heart of the nation, the very breath".

Sri Sathya Sai Baba



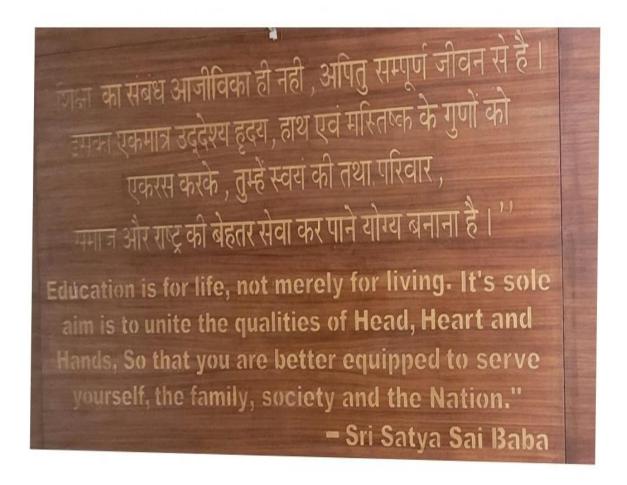








#### Sathya Sai Baba's Quote



#### **MISSION STATEMENT**

"In this College the medium is Discipline; the first, second and third languages are Love, Service and Sadhana".

#### **VISION**

"We envision the emancipation and empowerment of women through value based education and enabling them to participate actively in the work of nation building and social reconstruction".









# **Morning Assembly**

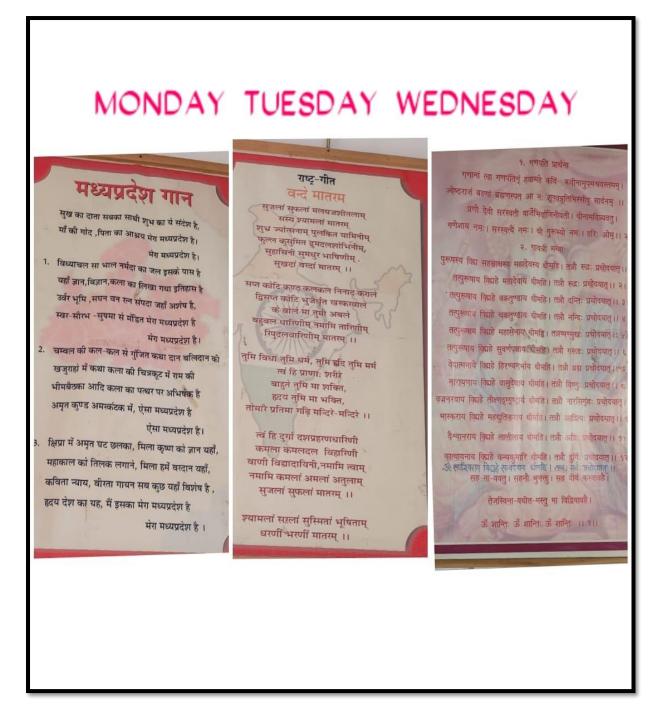
BHAJAN HALL

https://youtu.be/dCbdXcyb4ko?si=fHfpyZeLqC7XMnmT

**Sarv Dharm Prayer** 

Om Tatsat Sri Narayana Tu
Purushothama Guru Tu
Siddha Buddha Tu Skanda Vinayaka
Savita Pavaka Tu
Brahma Madhya Tu Yahova Shakthi Tu
Ishu Pitha Prabhu Tu
Rudra Vishnu Tu Ramakrishna Tu
Rahim Tao Tu
Vasudeva Tu Viswa roopa Tu
Chidananda Hari Tu
Advitiya Tu Akala Nirbhaya
Atma linga Siva Tu

**Morning Assembly** 

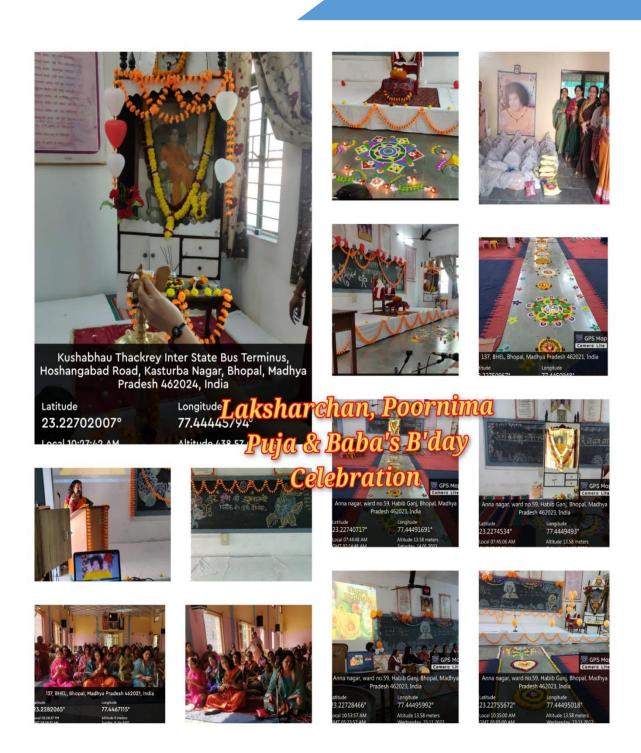


# **Ved Path Recitation by Students**



# **Guru Purnima Celebration**





#### **Thursday Lecture**





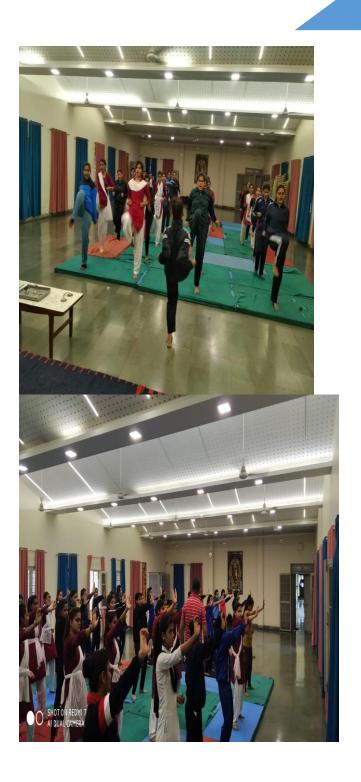


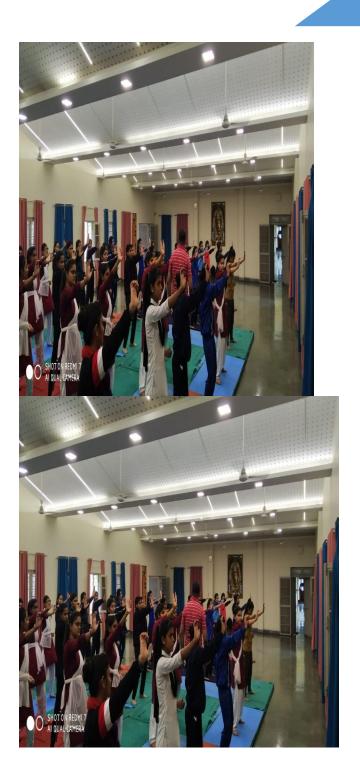


**Yoga** 



**Martial Art** 





Puttaparthi Trip









# Spritual Camp on "Indian Culture & Sprituality"











National Webinar on "Indian Culture and Spirituality"

On 19-02-2022 a National online webinar "Indian culture and Spirituality" based on Human Values was organized. The Link for the same is <a href="https://www.youtube.com/watch?v=kgExaS8nQv0">https://www.youtube.com/watch?v=kgExaS8nQv0</a>



# **Activities of Philanthropic Society**

At Sri Sathya Sai College for Women, Bhopal

































#### At Adopted Village Tola Chota Kheda



















Distribution of Ann Kalash at village Badakho







Visit to Old Age Home

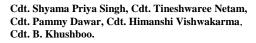


#### Philanthropic activity at slum



#### **Stars of the College**







Sgt. Aanshi Shrivastava

# ★ STAR OF THE COLLEGE REPUBLIC DAY CAMP ★ **NEW DELHI NATIONAL CAMP**







SUO Muskan khan B.A II Year Republice Day Camp Kartavyapath Delhi 2019-2020



SUO Chhavi Sharma B.COM IIIrd Year Republic Day Camp Kartayapath Delhi 2020-2021



SUO Madhu Parmar B.COM IIIrd Year Republic Day Camp Kartayapath Delhi 2022-2023



SUO B.khushboo B.com IIIrd Year Republic Day Camp Kartayapath Delhi 2023-2024



Dr. Sakshi Bharadwai Founder JungleVase Location-Bhopal



Harsha Bajaj Manager Allahabad Bank Noida



Dr. Sofia Mudgal Qureshi Deputy Superintendent Police Madhya Pradesh



Pooja <u>Saxena</u> <u>Dharohar</u>, NGO <u>Archeologist</u>, <u>Bhopal</u>



Mrs. Swarna Srivastva Procter and Gamble Artwork Copy Expert, Dubai



Aarti Rajput
Data Engineer at
Henry Jackson Foundation for
Advancement of Military
Medicine, US
Washington DC